

Colorectal and peritoneal oncology centre

# Low grade mucinous neoplasm I (LAMN I)

## What is it?

A low grade mucinous neoplasm (LAMN I) is a growth found in your appendix. We use this term when the growth is very early and has not spread anywhere.

## What causes it?

The cause of it is unknown but like any growths they can develop in people who lead healthy lifestyles. There is no evidence that the growth can be transmitted through families. It is not inherited.

## Signs and symptoms

Most low grade mucinous neoplasms are found unexpectedly when patients have had their appendix removed for appendicitis.

## How is it diagnosed?

Patients can often present with appendicitis and require an appendicectomy. Others have discomfort and are investigated with an ultrasound or CT scan and the appendix can appear enlarged (this is called a mucocele).

## Treatment

Being diagnosed with a LAMN I means the growth has remained inside the appendix and does not require any further treatment. We do however like to monitor you with yearly CT scans and blood tests for five years to make sure no spread develops, which very rarely happens. Since we started the service we have never seen a patient with a LAMN I lesion develop more advanced disease.

If there is evidence that the appendix has burst or leaked its contents into the abdomen, the lesion becomes a LAMN II, and this does require a different approach with potentially other operations and treatments.

## The colorectal and peritoneal oncology centre

The colorectal and peritoneal oncology centre has an international reputation for treating advanced and early colorectal cancer, appendix tumours, peritoneal tumour, anal cancer and tumours within the pelvis.

If you have a query regarding our service, please contact **0161 446 8051**.

## The service will provide:

- ongoing advice and support for patients, their partners and families
- information and advice about treatment and treatment options
- a point of contact should problems arise



- a link with other health care professionals involved in your care
- referral to specialist services

## Who can contact us?

Any healthcare professional who needs information and advice. Any patient who would like referring can contact the service themselves or by referral from another health care professional. We are happy to speak to partners, friends and family, providing the patient has given consent.

If you know the name of your consultant, please contact their secretary directly:

<b>Consultants:</b>	<b>Contact:</b>
Professor S T O'Dwyer	<b>0161 446 8311</b>
Mr M S Wilson	<b>0161 446 3366</b>
Professor A G Renehan	<b>0161 918 2189</b>
Mr C R Selvasekar	<b>0161 918 2310</b>
Mr O Aziz	<b>0161 918 2057</b>
Mr H W Clouston	<b>0161 918 2391</b>
Mr J Wild	<b>0161 918 7352</b>

## Clinical nurse specialists:

Rebecca Halstead (Lead)  
**0161 918 7096** or **07766 780952** [rebecca.halstead@christie.nhs.uk](mailto:rebecca.halstead@christie.nhs.uk)  
 Rachel Connolly  
**0161 918 7859** or **07785 725629** [rachel.connolly@christie.nhs.uk](mailto:rachel.connolly@christie.nhs.uk)  
 Amanda Coop  
**0161 918 2097** or **07824 373785** [amanda.coop@christie.nhs.uk](mailto:amanda.coop@christie.nhs.uk)  
 Lisa Wardlow  
**0161 918 7183** or **07826 892213** [lisa.wardlow@christie.nhs.uk](mailto:lisa.wardlow@christie.nhs.uk)

Fax: **0161 918 7078**

There will be a CNS available between the hours of 07:30am to 18:00pm.

## Key worker

Your key worker (nurse) ..... can be contacted on .....

If your key worker is not available, please leave a message on the answer phone with your name, date of birth and telephone number. All messages will be responded to as quickly as possible, but this may not always be on the same day.

## Further information

For information about the colorectal and peritoneal oncology centre, visit [www.christie.nhs.uk/cpoc](http://www.christie.nhs.uk/cpoc).

## Christie information

The cancer information centre at The Christie in Withington stocks a wide range of booklets free to patients, their families and carers, and offers a free confidential service for anyone affected by cancer. Contact **0161 446 8100**.

## Complementary therapy and smoking cessation

There is an outpatient drop-in service at The Christie on Tuesday and Thursday from 4:00pm. Contact directly by calling **0161 446 8236** or **0161 918 7175**.

## Maggie's centre

The centre provides a full programme of practical and emotional support, including psychological support, benefits advice, nutrition and head care workshops, relaxation and stress management. Contact Maggie's on **0161 641 4848** or email [manchester@maggiescentres.org](mailto:manchester@maggiescentres.org). The centre is located across the road from the hospital at 15 Kinnaird Road, Manchester M20 4QL.

## Macmillan Cancer Support

This is a national charity offering advice and support. Call the Freephone helpline **0808 808 0000** (Monday - Friday 9:00am - 8:00pm) or if you are hard of hearing, use the textphone **0808 808 0121**. Macmillan Cancer Support publish booklets which are free and available on their website [www.macmillan.org.uk](http://www.macmillan.org.uk).

## Travel insurance

For help with travel insurance please see [www.medicaltravelcompared.co.uk](http://www.medicaltravelcompared.co.uk) or ask your CNS for advice.

If you need information in a different format, such as easy read, large print, BSL, braille, email, SMS text or other communication support, please tell your ward or clinic nurse.

The Christie is committed to producing high quality, evidence based information for patients. Our patient information adheres to the principles and quality statements of the Information Standard. If you would like to have details about the sources used please contact **patient.information@christie.nhs.uk**

For information and advice visit the cancer information centres at Withington, Oldham or Salford. Opening times can vary, please check before making a special journey.



Contact The Christie Hotline for  
urgent support and specialist advice  
**The Christie Hotline: 0161 446 3658**  
Open 24 hours a day, 7 days a week