

The Macmillan secondary and locally advanced breast care nurse specialist service

Telephone: 0161 446 3996

Team email: the-christie.sbcn@nhs.net

The Christie secondary breast care nursing service is a team of highly qualified and experienced nurses who have specialist knowledge and skills in the care and support of patients with secondary breast cancer and locally advanced breast cancer.

We are a point of contact for patients who are currently receiving treatment at The Christie and are part of a multidisciplinary team to ensure you get the right care at the right time.

The service provides a link with other healthcare professionals such as supportive care, other hospitals, GPs and community services.

If you need further support or advice, please do not hesitate to get in touch. We will return your call as soon as possible, although this may not always be the same day.

If you need information in a different format, such as easy read, large print, BSL, braille, email, SMS text or other communication support, please tell your ward or clinic nurse.

The Christie is committed to producing high quality, evidence based information for patients. Our patient information adheres to the principles and quality statements of the Information Standard. If you would like to have details about the sources used please contact the-christie.patient.information@nhs.net

For information and advice visit the cancer information centres at Withington, Oldham, Salford or Macclesfield. Opening times can vary, please check before making a special journey.

Contact The Christie Hotline for urgent support and specialist advice
The Christie Hotline: 0161 446 3658
Open 24 hours a day, 7 days a week



What can the breast care nurses provide?

- Ongoing advice and emotional support for patients, their partners and families.
- Information and advice about treatment and treatment options.
- Advice about coping with the side effects of treatment.
- Support with physical problems such as pain, swelling or your arm, menopausal symptoms and fatigue.
- Signposting and referral to specialist services in the hospital and community.
- Help with worries or concerns such as fears for the future, financial worries, anxiety, body image and family issues.

Contacting the breast care nurses?

The Macmillan secondary breast care nurse specialists are available on:
Normal working hours are 9am to 5pm

Tel: **0161 446 3996**

Our Macmillan secretaries will initially take your call or you may be directed to our answer machine to leave a message. We will return your call as quickly as possible although it may not always be the same day.

For urgent support and specialist advice, please contact The Christie Hotline on 0161 446 3658 - 24 hours a day, 7 days a week.

The secondary breast care nursing team also work closely with:

Macmillan breast palliative care clinical nurse specialist

Tel: **007769 886877**

Further information

Macmillan Cancer Support

Provides information on all aspects of cancer
Freephone: **0808 808 0000** www.macmillan.org.uk

Breast Cancer Now

Provides information and support to both patients and families.
Freephone: **0808 800 6000** www.breastcancer.org
Monday to Friday 9:00am - 4:00pm
Saturday 9:00am - 1:00pm

North of England regional office **0345 077 1893**

• Living with secondary breast cancer

Meet others in a similar situation and hear from expert speakers
Tel: **0345 077 1893** or email: secondaryservices@breastcancer.org

Cancer information centres

The cancer information centre at The Christie
The Christie at Withington - **0161 446 8100** or **0161 446 8107**
The Christie at Oldham - **0161 918 7745**
The Christie at Salford - **0161 918 7804**
The Christie at Macclesfield - **0161 956 1704**

Maggie's Centres

The centres provide a full programme of practical and emotional support including psychological support, benefits advice, nutrition and headcare workshops, relaxation and stress management.

Maggie's Manchester

Contact Maggie's on **0161 641 4848** or email
manchester@maggiescentres.org

Maggie's Oldham

Contact Maggie's on **0161 989 0550** or email
oldham@maggiescentres.org