

Medical oncology department

The complex and recurrent gynaecological oncology (CAREGO) service

Who is the service for?

The CAREGO service supports patients with gynaecological cancers. You may be referred to The CAREGO team for specialist support with managing your disease. We can help you at any time before, during or after your cancer treatment.

What we offer

Our aim is to manage your treatment proactively, take care of your symptoms and concerns. We will help to coordinate your in-hospital care and community services. Our team will meet you on the wards if you are at The Christie. The service has regular outpatient clinics to support rapid access to assessment and specialist support - to help manage symptoms and minimise the need for admission to hospital.

If you need information in a different format, such as easy read, large print, BSL, braille, email, SMS text or other communication support, please tell your ward or clinic nurse.

The Christie is committed to producing high quality, evidence based information for patients. Our patient information adheres to the principles and quality statements of the Information Standard. If you would like to have details about the sources used please contact **the-christie.patient.information@nhs.net**

For information and advice visit the cancer information centres at Withington, Oldham, Salford or Macclesfield. Opening times can vary, please check before making a special journey.

Contact The Christie Hotline for urgent support and specialist advice
The Christie Hotline: 0161 446 3658
Open 24 hours a day, 7 days a week



How we can support you

Patients with advanced gynaecological cancers often experience problems which may include fatigue, bowel dysfunction (nausea, constipation, diarrhoea, early fullness, bloating), fluid in the abdomen (called ascites), pain and emotional distress. Many patients will need treatment for these problems requiring medications, procedures and hospital appointments. This can be tiring and time-consuming. CAREGO can help coordinate your care to ensure that you have access to the right treatment in the setting that is most appropriate for your needs.

You can contact our clinical coordinator who will ensure you speak to the right member of our team to address your concerns in a timely manner.

Meet the team

Consultant Medical Oncologist:

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Responsible for your management and treatment planning.

Advanced Nurse Practitioners:

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Coordinates your care while you are in hospital to ensure you are able to go home as soon as possible. Runs regular outpatient clinics to assess your symptoms and quickly address concerns.

Clinical Coordinator:

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Single point of contact for patients and their family or carers and will coordinate access to care in hospital and in your community.

Working together

The CAREGO team works closely with the multidisciplinary team (MDT) in the hospital including:

- gynaecological medical oncology team (Professor Jayson, Dr Clamp, Dr Hasan and Dr Mitchell)
- clinical nurse specialists
- supportive care team
- nutrition and dietetics team
- intervention and procedures (IPU) team
- complex discharge team

We also work with your community-based teams and if you are at another hospital, we will coordinate with them to ensure we support you.

How to contact us

Clinical coordinator: **0161 956 1520**

Team mobile: **07977 968924**

Team email: **the-christie.carego@nhs.net**

If you are unwell please call The Christie Hotline on **0161 446 3658** (24 hours a day, 7 days a week)

Other useful contacts

- District nurses:
- Community palliative care team:
- Gynaecology medical oncology clinical nurse specialists: **0161 446 8517**
- Cancer information centre (department 3): **0161 446 8100**
- Macmillan: **0808 808 0000**
- Maggie's (Manchester): **0161 641 4848**