

Colorectal and peritoneal oncology centre

Low grade mucinous neoplasm I (LAMN I)

What is it?

A low grade mucinous neoplasm (LAMN I) is a growth found in your appendix. We use this term when the growth is very early and has not spread anywhere.

What causes it?

The cause of it is unknown but like any growths they can develop in people who lead healthy lifestyles. There is no evidence that the growth can be transmitted through families. It is not inherited.

Signs and symptoms

Most low grade mucinous neoplasms are found unexpectedly when patients have had their appendix removed for appendicitis.

How is it diagnosed?

Patients can often present with appendicitis and require to have their appendix removed. Others have discomfort and are investigated with an ultrasound or CT scan and the appendix can appear enlarged (this is called a mucocele).

Treatment

Being diagnosed with a LAMN I means the growth has remained inside the appendix and does not require any further treatment. We do however like to monitor you with a CT scan and blood test 18 months post surgery and on the 4 year anniversary of your surgery (your consultant may sometimes slightly alter the surveillance pathway).

If there is evidence that the appendix has burst or leaked its contents into the abdomen, the lesion becomes a LAMN II, and this does require a different approach with potentially other operations and treatments.

The colorectal and peritoneal oncology centre

The colorectal and peritoneal oncology centre has an international reputation for treating advanced and early colorectal cancer, appendix tumours, peritoneal tumour, anal cancer and tumours within the pelvis.



The service will provide:

- ongoing advice and support for patients, their partners and families
- information and advice about treatment and treatment options
- a point of contact should problems arise
- a link with other health care professionals involved in your care
- referral to specialist services

Who can contact us?

Any healthcare professional who needs information and advice. Any patient who would like referring can contact the service themselves or by referral from another health care professional. We are happy to speak to partners, friends and family, providing the patient has given consent.

If you know the name of your consultant, please contact their secretary directly:

Consultants:	Contacts:
Professor O'Dwyer	0161 918 2189
Mr M S Wilson	0161 446 3366
Professor A G Renehan	0161 918 2189
Mr C R Selvasekar	0161 918 2310
Professor O Aziz	0161 918 2057
Mr H W Clouston	0161 918 2391
Mr J Wild	0161 918 7352
Mr R Fish	0161 918 2391
Mr P Sutton	0161 446 3366

Clinical nurse specialists:

Rebecca Halstead (lead)
07766 780952 rebecca.halstead@nhs.net
Rachel Connolly
07785 725629 rachel.connolly2@nhs.net
Amanda Coop
07824 373785 amanda.coop@nhs.net
Lisa Wardlow
07826 892213 lisa.wardlow@nhs.net

There will be a CNS available between the hours of 8.00am and 4.00pm.

Key worker

Your key worker (nurse) can be contacted on

If your key worker is not available, please leave a message on the answer phone with your name, date of birth and telephone number. All messages will be responded to as quickly as possible, but this may not always be on the same day.

Further information

For information about the colorectal and peritoneal oncology centre, visit www.christie.nhs.uk/cpoc.

Christie information

The cancer information centre at The Christie in Withington stocks a wide range of booklets free to patients, their families and carers, and offers a free confidential service for anyone affected by cancer. Contact **0161 446 8100**.

Complementary therapy and smoking cessation

Our award winning complementary therapy service supports patients and carers through all stages of their cancer journey. The team provide a range of therapies to support patients and carers physically and emotionally. Contact directly by calling **0161 446 8236** or **0161 918 7175**.

Maggie's centre

The centre provides a full programme of practical and emotional support, including psychological support, benefits advice, nutrition and head care workshops, relaxation and stress management. Contact Maggie's on **0161 641 4848** or email manchester@maggiescentres.org. The centre is located across the road from the hospital at 15 Kinnaird Road, Manchester M20 4QL.

Macmillan Cancer Support

This is a national charity offering advice and support. Call the helpline for free on **0808 808 0000** (8.00am - 8.00pm, 7 days a week) or if you are hard of hearing, use the textphone **0808 808 0121**. Macmillan Cancer Support publish booklets which are free and available on their website www.macmillan.org.uk.

Travel insurance

For help with travel insurance please see www.medicaltravelcompared.co.uk or ask your CNS for advice.

If you need information in a different format, such as easy read, large print, BSL, braille, email, SMS text or other communication support, please tell your ward or clinic nurse.

The Christie is committed to producing high quality, evidence based information for patients. Our patient information adheres to the principles and quality statements of the Information Standard. If you would like to have details about the sources used please contact **the-christie.patient.information@nhs.net**

For information and advice visit the cancer information centres at Withington, Oldham, Salford or Macclesfield. Opening times can vary, please check before making a special journey.



Contact The Christie Hotline for
urgent support and specialist advice
The Christie Hotline: 0161 446 3658
Open 24 hours a day, 7 days a week